



Hey,

Now that Ryan Seacrest has once again wrestled Dick Clark's sentient glittering ball to the ground, we can finally get to the fun part: setting impossible resolutions for 2022.

Here are a few of ours, just in case you want to steal them:

- We resolve to **set preventive care appointments as early as possible**, so we don't have to bribe our dentist on December 29th again this year.
- We resolve to **max out our Health Savings Accounts**, and use all the money we saved on taxes to buy an expensive vacuum that makes our in-laws jealous.
- We resolve to finally find Grandpa Antonio's hidden gold, which was promised to us so many years ago.
- We resolve to **finally pick a primary care physician**, so we can have a consistent voice of reason to talk us

down from our monthly freakout about our moles.

Last but not least, **we resolve to send you helpful tips all year long so you can make the most of your employer benefits in 2022**, and we've put together a super quick survey so you can tell us which benefits topics you could use the most help with this year.

[GET STARTED](#)

XOXO,
ALEX