

Go ahead, take advantage.



1-866-887-9533, TTY 711
8 a.m. – 8 p.m. PT, 7 days a week



www.UHCRetiree.com/uc

Use your new UnitedHealthcare member ID card to register your account at www.UHCRetiree.com/uc.

Once you've registered, you can access plan details including:

Our online search tools to find doctors, hospitals and pharmacies near you⁵

Formulary look up tool⁵ to search for prescription drugs covered under the plan.

For more details, please review your Evidence of Coverage (EOC).



¹ A copay or coinsurance may apply if you receive services that are not part of the annual physical/wellness visit.

² The Telephonic Nurse Support should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

³ Renew by UnitedHealthcare is not available in all plans. Resources may vary. Renew Rewards is not available in all plans with Renew by UnitedHealthcare.

⁴ Participation in the Renew Active® program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these thirdparty services are subject to your acceptance of their respective terms and policies. AARP Staying Sharp is the registered trademark of AARP. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. The Renew Active program varies by plan/area. Access to gym and fitness location network may vary by location and plan.

⁵ Please refer to your Summary of Benefits for details on your benefit coverage.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Ready to take advantage?

Discover what the UC Medicare Choice plan has to offer
for UC Medicare retirees living in California



Take advantage of a plan you won't find anywhere else

There's so much to take advantage of when you're a UC Medicare Choice plan member. Our plans are designed to help you live healthier, with many features and benefits including:

\$0 Annual Wellness Visit¹ and many preventive services at \$0 copay

An Annual Wellness Visit with your doctor is one of the best ways to stay on top of your health. Take control by scheduling your annual physical and wellness visit early in the year to give you the most time to take action.

You and your doctor can work as a team to create a preventive care plan, review medications and talk about any health concerns.



UnitedHealthcare[®] HouseCalls

Get a yearly check-in at no extra cost with a member of our licensed medical staff who will:

- Perform a head-to-toe exam, health screenings and answer your health questions
- Review your history and medications
- Send a summary of your visit to you and your primary care provider

A HouseCalls visit is designed to support, but not take the place of your doctor's care.

HouseCalls may not be available in all areas.



Telephonic Nurse Support²

Telephonic Nurse Support was designed specifically to help make your health decisions simple and convenient by providing immediate answers to your health questions any time, anywhere — 24 hours a day, 7 days a week — at no additional cost.

When you call, a registered nurse can help you:

- Choose where to go for care — whether that's self-care, a doctor visit or urgent care
- Find a doctor or hospital that meets your needs and preferences
- Understand your diagnosis and explore treatment options



Renew by UnitedHealthcare^{®3}

Renew offers health and wellness resources and activities that include:

- Brain games, healthy recipes, learning courses and fitness activities
- Health topic library including articles, videos and health news
- Interactive quizzes and tools, fun activities and music playlists
- Rewards for completing certain health care activities
- Enjoy *Renew Magazine* — also available online at www.UHCRetiree.com/uc



UnitedHealthcare fitness program⁴

Renew Active^{®4} is the gold standard in Medicare fitness programs for body and mind, available at no additional cost. You'll receive a free gym membership with access to the largest Medicare fitness network of gyms and fitness locations. This includes access to many premium gyms, on-demand digital workout videos and live streaming classes, social activities and access to an online Fitbit[®] Community for Renew Active and access to an online brain health program from AARP[®] Staying Sharp[®] (no Fitbit device is needed).



Virtual Doctor and Behavioral Health Visits

With Virtual Doctor Visits, you can ask questions, get a diagnosis, or even get medication prescribed and have it sent to your pharmacy. Virtual Behavioral Health Visits may be best for initial evaluation, medication management, addiction, depression, stress or anxiety.



UnitedHealthcare Hearing

Your hearing health is important to your overall well-being and can help you stay connected to those around you. Get access to thousands of name-brand and private-labeled hearing aids — available in-person at any of our 7,000 UnitedHealthcare Hearing providers nationwide⁵ or by direct delivery through Right2You.



Post-Discharge Routine Transportation

Our transportation program gives you a lift to and from medically-related visits such as doctors' appointments, pharmacy trips and more after you have been discharged from the hospital or skilled nursing facility. The program offers unlimited rides up to 30 days following hospital or skilled nursing facility discharges when referred by a UnitedHealthcare clinical advocate.



Post-Discharge Meal Delivery

Our post-discharge meal delivery program provides freshly-made meals to your home after you have been discharged from the hospital or skilled nursing facility, at no additional cost. The program provides up to 84 meals immediately following an inpatient hospital discharge or skilled nursing facility stay when referred by a UnitedHealthcare clinical advocate.