

# Get on a roll with your health

Our mobile health vehicle is coming to you



Here's a new spin on good health: Take care of yourself without taking time off.

**Where:** 900 University Ave, Riverside, CA, 92521 - Bell Tower

**When:** March 19, 2024

8:00 AM – 11:00 AM, 12:00 PM – 3:00 PM

**What:** Preventive screenings for KP members and limited screenings for all participants

**KP members will receive preventive screenings which MAY include:**

- Immunizations
- Tests and Questionnaires
- Labs (*if part of identified preventative care*)

**All participants will receive the following services:**

- Blood Pressure
- Height, weight, and BMI calculation
- Glucose
- Flu shots (*if available*)

**[Follow these steps to sign up for a wellness event at your worksite:](#)**

**Step One: Create an Account**

- Go to [kp.org/wellnessevent](http://kp.org/wellnessevent) or scan the QR code
- Use the sign-up code "UCR"
- For Returning Users: Enter your email address and password under "Returning users" and click "Submit"

**Step Two: Schedule an Appointment**

- Select an event by clicking "Choose Event"
- Choose the location, date, and time that works best for you and click "Schedule"
- You'll land at the "Manage My Event" page where you can view your appointment details, add the event to your electronic calendar, make changes to your appointment, and access wellness resources

