

Important Information About Your Plan

New legislation requires OptumHealth Behavioral Solutions of California – and any other health plans – to provide you with accrual information that includes your annual deductible (if applicable) and annual out-of-pocket maximum balances of each month you use your benefits. You may opt-out of mailed notices and instead elect to receive your accrual information electronically.

For your convenience, this information is also available at www.liveandworkwell.com through our secure online member portal. You may also contact Customer Service at the telephone number listed on the back of your health ID card to request your balances or opt-out of mailed notices and elect to receive your accrual information electronically.