

From: [Ucrfacultyandstaff](#) on behalf of [Puja P Pannu](#)
To: ucrfacultyandstaff@scotmail.ucr.edu
Subject: [Ucrfacultyandstaff] Benefits Open Enrollment is coming soon!
Date: Thursday, October 19, 2023 8:41:54 AM
Attachments: [ATT00001.txt](#)



October 19, 2023

To: Faculty and Staff
From: Central HR Benefits Office
Re: Benefits Open Enrollment is coming soon

Benefits Open Enrollment begins on **Thursday, October 26, 2023 at 8:00 a.m. and ends on Friday, November 17, 2023 at 5:00 p.m.**

Satisfied with your current benefits elections? Not making any changes? Then, no action is required and all existing benefits will roll over to the new plan year effective January 1, 2024. **However, please review new medical plan rates!**

- *If you are enrolled in the Flexible Spending Account Plans (DepCare FSA and Health FSA), you are required to renew your contribution amounts during Open Enrollment.*

New this year

- **It is essential for all Faculty and Staff to review New Medical Plan Rates and consider your plan options and costs.**
- Take advantage of the ALEX Benefits Counseling Tool to help you select the best benefit plan options and costs for you and your family.
- You may be eligible for a Health Savings Account (HSA) without losing your carryover Health Flexible Spending Account (FSA) balance.
- Prudential replaces Aflac for Supplemental Critical Illness, Hospital Indemnity benefits coverage.
- **Open Enrollment deadline:** Make your elections by Friday, November 17 at 5:00 p.m.

UCR Open Enrollment Website

The UCR 2024 Benefits Open Enrollment website for faculty and staff and will be available on

October 24, 2023 for valuable information about this year's benefit plans, and highlights important changes and information faculty and staff need to know about their benefit costs and options for the coming year.

Open Enrollment Events and Education

Health Net Open Enrollment Virtual Webinar | [View Flyer](#)

- Tuesday, October 24, 2023 | 11:00 a.m. – 12:00 p.m.

Health Net plan representatives will provide a summary of the Health Net plan benefits and answer any questions you may have.

Kaiser Permanente Open Enrollment Virtual Webinar | [View Flyer](#)

- Monday, October 30, 2023 | 9:00 a.m. – 10:00 a.m.

Kaiser Permanente representatives will provide a summary of the Kaiser Permanente plan options and answer any questions you might have.

How to Participate in each individual webinar listed above:

- Zoom: <https://ucr.zoom.us/j/9041473038>
- Meeting ID: 904 147 3038
- Dial-in: (669) 900-6833

UC Riverside In-Person, On-Campus Benefits, Health, and Wellness Fair! | [View Flyer](#)

Back by popular demand is the in-person UC Riverside Benefits, Health, and Wellness Fair which will be held on November 2, 2023 from 10:00 a.m. to 3:00 p.m. at the Bell Tower. ***There will be Free Massages and UCR Health will provide Free Flu Shots, while supplies last!*** The event will host over 40 vendors including representatives from our health and welfare plans, vendor giveaways, healthy snacks, raffle giveaway, photo booth with Scotty the Bear, and so much more. Please join us for this festive and informative event.

How to Participate

- Visit the UC Riverside Bell Tower to join in the festivities.

Open Enrollment Virtual Help Desk | [View Flyer](#)

- Wednesday, November 8, 2023 | 8:00 a.m. – 5:00 p.m.

To help select the right benefit plans for you, the Human Resources Benefits Office is sponsoring a Virtual Open Enrollment Help Desk. UCR Benefits Representatives will be available by email and telephone to answer any questions you have about the 2024 Open Enrollment.

Contact us

For questions regarding Open Enrollment, please contact the Benefits Office via email at benefits@ucr.edu.