

Headline News

GET FIT MENTALLY -

There are multiple ways we can recharge, refocus, and maintain our health. Here are some great 'Get Fit Mentally' resources below:

• Faculty and Staff Assistant Program - FSAP Website

Health Net Wellness Webinar Series, Learn Healthy Ways to Live Your Best - Health Net Series Link

ComPsych Personal Development/Work-Life Workshops. The following workshops are offered at no cost:

ComPsych Workshop Topic	Date	Time	Registration
Managing Staff Through Stressful Situations	10/6/22	1 – 2 PM	Register
Difficult Conversations During Time of Unrest	10/13/22	1 – 2 PM	Register
Managing Up for Professional Success	10/20/22	1 – 2 PM	Register
Work and Life Balance in a Work-From-Home Environment	11/10/22	1 – 2 PM	Register
LovingYou: Boosting Self-Esteem and Acceptance	11/17/22	1 – 2 PM	Register

LEAD R'Ship Series - Psychological Safety, Presented by Alexandra Rollins

This short course is designed to help with your understanding of psychological safety, provides steps to cultivate a culture of psychological safety within your team. With more people working remotely or in a hybrid work model, ensuring their psychological safety helps team members adapt to new ways of working. It also builds trust and transparency, improves health and well-being, employee engagement, retention, productivity and innovation. Training employees and managers on psychological safety in the workplace and what it means in their day-to-day activities reinforces UCR's commitment to a culture of trust, respect and inclusion.

Tuesday, October 11, 2022, 11:00 AM - 12:00 PM | Psychological Safety Registration Link

EOD Course Catalog

Navigate and plan your professional development journey with the updated EOD Course Catalog! Please note the updated FY2022-23 course fees, and new LinkedIn Learning Content Collections, based on the UC Core Competencies. EOD Course Catalog

Course	Date(s)	Cost*	Registe
Franklin Covey's The 4 Essential Roles of Leadership After extensive research the Franklin Covey team identified that the most effective leaders consistently live the 4 Essential Roles of Leadership as the foundational framework for their leadership success. That is, they inspire trust, create vision, execute strategy, and coach potential. By doing this, they engage their team to consistently help the organization achieve its most important results. Registration Deadline: October 11, 2022 (Note: This class is limited to Supervisor/Managers)	10/25 – 10/27	\$203	Register
Delegation Skills			
Get the basics of this essential skill. Exercises and assessments help you evaluate your current skills, easily identify the problems, and quickly find solutions. You'll discover how to develop your employees' potential while getting the job done.	11/8/22	No Charge	<u>Register</u>

12/1 – 12/2 \$203 Register leader who expects great things from those they work with, and who drives them to achieve extraordinary results. Registration Deadline: November 24, 2022

Note: a late session admission, 30 minutes after the course has begun, will not be given course credit and may incur program or no-show fees.

ComPysch – Faculty & Staff Assistance Program (FSAP) Orientation

	Date	Time	Registration
Faculty Staff Assistance Program (FSAP) Orientation	12/13/22	11 – 12 PM	Register
Faculty Staff Assistance Program (FSAP) Manager/Supervisor Orientation	12/14/22	11 – 12 PM	Register

If you missed FSAP Orientation, be sure to view the recorded sessions in the UC Learning Center:

FSAP Orientation

FSAP Manager/Supervisor Orientation

News

UC Learning Center Corner

Log into the UCLC learning management system at https://ucrlearning.ucr.edu/

New! eCourses Available

- Work-Study Orientation for On-Campus Departments: In this virtual orientation, we will walk you through the work-study program and on-boarding student process. If you are not familiar with work-study, this would be a great opportunity to learn more about how your department can provide meaningful work experiences to students.
- <u>Electrical Safety for Researchers</u>: This training is brought to you by UC Riverside Environmental Health & Safety (EH&S). The purpose of this training is to familiarize
 researchers, faculty, staff and students with electrical hazards, electrical hazard controls, safer equipment design and safe work practices, lessons learned from previous electrical
 incidents in research, and where to get more electrical safety information and help in safe research design.

COMING SOON - NEW - UC Preventing Harassment & Discrimination

The UCLC team is working with UCOP and our local Title IX office to prepare for the launch of the new versions of the sexual harassment prevention training in the coming weeks. Now called UC Preventing Harassment & Discrimination, these will replace the UC Sexual Violence and Sexual Harassment Prevention Training courses. Email notifications will be sent to those due to complete the training in-line with certification expiration dates from the prior versions and the launch date of the new courses.

Need Help Logging In?

Looking for the latest information on how to access the UC Learning Center? Be sure to check out the following documents available in the Resources section of the Access & Roles page of our support site:

- Access Matrix for Departments provides details on how to ensure your new hires can access the UCLC, recently updated with the UCPath-Banner Match Program details.
- User Access Flowchart to help all types of users find their path to accessing the UCLC.

Campus Spotlight

Staff Assembly Updates:

Nominations Due for 'Get Recognized Awards'

It's time to nominate your colleagues and peers for Get Recognized Awards! The Staff Assembly Recognition Committee will review submissions and select up to two winners each month. Each month's winners will receive a gift, be featured on the Staff Assembly website, and receive campus recognition during a special session. <u>Staff Assembly</u>



 Highlanders with Cubs - UC Riverside

 No matter their age, kids are the best and hardest part of our lives. Come talk about it! Highlanders with Cubs is meant to be a safe space where parents can boast and vent about their kids, no matter what their age. Each meeting includes a topic of discussion, a fun craft idea, and a free chat period., powered by Localist Event Calendar Software events.ucr.edu

 UCR Staff Scholars - UC Riverside

 Are you a UCR staff member who: is considering returning to school and doesn't know where to begin? is pursuing an education while juggling your job? completed your studies while working? Then join the UCR Staff Scholars, which connects staff members balancing their careers with higher learning. We connect on the third Tuesday of each month to share experiences, insights, and inspiration.



Staf

Staff Assembly Fall Quarter General Meeting (Save the Date)

SAVE THE DATE for the fall quarter Staff Assembly General Meeting on Wednesday, October 19, 12 noon - 1:00 p.m. More details coming soon., powered by the Localist Community Event Platform events.ucr.edu

UCR Student Disability Resource Center - Disability Ally Workshop

On behalf of the UCR Student Disability Resource Center, Employee and Organizational Development would like to announce the Disability Ally Workshop on Thursday, October 27, 2022.

The virtual Disability Ally Workshop seeks to facilitate awareness, understanding, and competency of disability through connecting faculty, staff and students with resources, knowledge and relationships of disability as diversity. Participants in this program will gain knowledge about what it means to truly be an ally for students with disabilities.

Topics include:

- Disability Law
- Academic Accommodations
- Disability Etiquette
- Hidden Disabilities
- Disability Demographics and a Student Panel

Participants will also receive a Disability Ally badge that can be placed in their email signature notifying students that they are a safe space for individuals with disabilities.

Disability Ally Workshop

Thursday, October 27, 2022 | 9:00 a.m. – 12:00 p.m.

Registration

To attend this workshop, you are required to register through the <u>UC Learning Center (UCLC)</u>. If you are unable to participate in this workshop, please fill out this form <u>Disability Ally</u> <u>Workshop request form</u>. We are planning future workshops throughout this academic year. In addition, we would be happy to arrange workshops for individual offices/departments. **Contact** For questions regarding the <u>Disability Ally</u> Workshop, please contact <u>sdrc@ucr.edu</u> Learn more: <u>UCR Student Disability Resource Center</u>

Remote/Hybrid Work Resource Center

As work schedules will continue to include hybrid/remote options across the UCR campus in 2022, we want to help faculty and staff be prepared to be able to work in whatever hybrid/remote option is chosen. Employee and Organizational Development (EOD) would like to invite you to learn about remote work learning resources available to UCR faculty and staff. For more information, please visit the Employee and Organizational Development webpage.

Topics from LinkedIn Learning:

- <u>What's Next Reinventing Work in the New Normal</u>
- <u>Change Management Foundations</u>
- <u>Managing Organizational Change for Managers</u>
- <u>Change Management Tips for Individuals</u>
- Improve Your Hybrid Workforce Skills
- Supporting Your Team as Offices Reopen
- **HR Information and Resources**
- Return to Campus
- Face Covering Policy
- Return-to-Work Parking Information
- <u>Remote Work /Telecommuting Agreement</u>
- Coronavirus (COVID-19)

Need training now? Visit LinkedIn Learning, via R'Space, and take advantage of curated collections.

Get to Know the Employee and Organizational Development (EOD) Team. Personnel Policies for Staff Members (PPSM 50) – Professional Development.

Most enrollments are conducted through the UC Learning Center.

Need assistance with course fees? Apply for a Staff Assembly Professional Development Scholarship. Visit their website for more information: https://staffassembly.ucr.edu/scholarships.

Missed an issue of the Professional Development Monthly? Visit the Professional Development Monthly webpage.

To subscribe (opt-in) to the Professional Development Monthly, register in the <u>Hrtrainingnews listserv</u>.

For questions, please contact Employee & Organizational Development (EOD) at HRTrainingContacts@ucr.edu.