

University of California has partnered with Accolade to provide you and your family with convenient and high-quality healthcare that saves you money — no matter where you are on your healthcare journey. We're here to make it easier for you to get the healthcare you deserve with less stress and hassle.

WITH ACCOLADE YOU GET:

- **Personalized health and benefits guidance** from friendly humans — not bots!
- **Virtual care** so you can see a doctor or therapist from anywhere
- **Expert medical opinions** from leading specialists

Don't miss out on these valuable benefits for you and your family. If you need help or prefer to activate your account by phone, please reach out to your Accolade Care Team at **866-406-1182**.

Wishing you good health,

Your Accolade Team

Activate your account today!

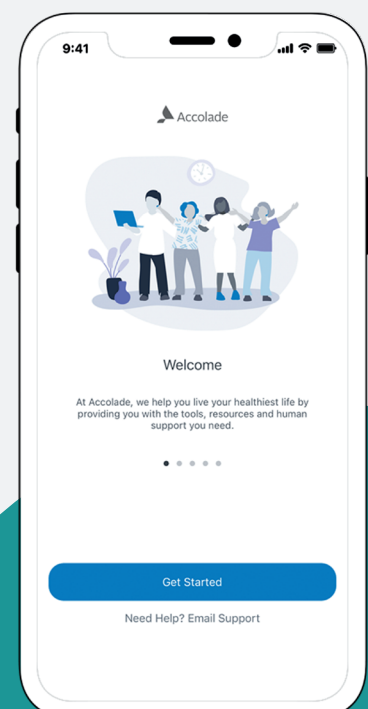
- 1** Visit member.accolade.com or download the **Accolade mobile app** on the App Store or Google Play.
- 2** Enter the required information to activate your account.
- 3** Log in to view your UC benefits, schedule virtual care and send questions to your Care Team.



Or scan with the camera on your smartphone to get started



Helpful tip! Your covered family members (ages 18+) can create their own account to view benefits, schedule virtual care and directly message their Care Team too!



Valuable health benefits for you and your family

member.accolade.com

Activate your account today so you can message your Care Team and book a virtual care appointment whenever you need to.



Personalized Health and Benefits Guidance

Your Accolade Care Team is your first place to turn whenever you have a health or benefits question — and it's no cost to you

- View and access benefits that would be helpful for you and your family
- Discuss symptoms and find in-network care
- Understand coverage, costs and confusing medical bills



Virtual Care

See a doctor or therapist from your phone, tablet or computer — day or night

- Doctors who have trained at the top 50 U.S. medical schools
- Same or next-day appointments for urgent care needs
- Ongoing care for diabetes, high blood pressure, anxiety, depression and more
- Prescriptions and refills sent to your local pharmacy

\$0 virtual visits

You are eligible to receive up to 12 primary care visits and 12 mental health visits per year at \$0 out of pocket cost to you.*

You also have access to Expert Medical Opinions through 2nd.MD — at no cost to you!

- Get a second opinion about a new or existing diagnosis, treatment plan, possible surgery or medication
- Speak with a leading specialist by phone or video in a matter of days



Activate your 2nd.MD account at 2nd.MD/uc or scan the code to get started

Questions? Call or message your Care Team today.

- Visit member.accolade.com
- Call **866-406-1182** Monday through Friday, 5AM to 8PM PT
Nurse support available 24/7
- Text **ACCD** to 67793 to download the [Accolade mobile app](#)
One message per request. Message and data rates may apply. Visit accolade.com for privacy policy and terms of use.

*Virtual care (telehealth/video visits). After 12 visits for primary care or mental health, respectively, visit costs may fall to patient and/or plan responsibility. This program is available to all members of UC Care, UC Health Savings Plan, and CORE. This includes: faculty and staff, non-medicare retirees, and covered family members. Any costs incurred as a result of the appointment (e.g., prescription medications, lab tests, follow-up appointments with specialists) are the patient's responsibility. You may contact Accolade to inquire about any further costs to which you may be subject. CALL 911 IF YOU ARE HAVING A MEDICAL EMERGENCY. Accolade and its affiliates ("Accolade") are not an emergency medical service. Accolade provides a personalized healthcare information service to support you to better understand and utilize your benefits, receive information from expert medical resources, and facilitate your access to medical care from various healthcare professionals, including virtual medical care services. Virtual medical care services offered by Accolade are provided through independent professional medical practices, including under the Accolade Care brand, to which Accolade provides various platform and related services. ©2023 Accolade Inc. All rights reserved. All product names, logos, and brands are the property of their respective owners. 22-462

Win a \$1,000 Amazon Gift Card*

▶ **Activate your account by March 31, 2023 and be entered for a chance to win!**



NO PURCHASE NECESSARY.

Void where prohibited by law. Sweepstakes ends at 11:59 pm ET on **March 31, 2023**. Odds of winning depend upon the number of eligible entries received. **Two (2)** grand prizes will be awarded in this sweepstakes. Grand Prize: \$1,000 Amazon Gift Card*. See Official Rules for sweepstakes terms and prize details accolade.com/uofcasweeprules.

*Two (2) grand prize winners selected to be granted a \$1,000 Amazon Gift Card. In addition, there will be twelve (12) winners selected to be granted a \$25 Amazon Gift Card. Eligible employees who activated between 11/1/22 and 3/31/23 will be entered to win. Amazon® is a registered trademark of Amazon.com, Inc. Amazon.com, Inc. is not a sponsor of or affiliated with this promotion.

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