

2023 BENEFITS OPEN ENROLLMENT

Virtual Help Desk

WHAT

To help select the right benefit plans for you, the Human Resources Benefits Office is sponsoring an Open Enrollment Virtual Help Desk. The UCR Benefits Team will be available by email and telephone to answer any questions you have about the 2023 Open Enrollment.

WHEN

Tuesday, November 8, 2022
8:00 a.m. - 5:00 p.m.

HOW

You are welcome to participate in the following ways:

- Email: benefits@ucr.edu
- Telephone: (951) 827-2636 or (951) 827-5086

[Visit the UCR 2023 Benefits Open Enrollment website.](#)