

Ergonomics

Department/Group Training

Many work groups and departments may have employees who could be struggling with their remote-based workstations. To help alleviate any discomfort that teams may be feeling, the UCR Ergonomics Department is offering virtual ergonomic training.



This training is ideal for teams that:

- Have employees working remotely
- Want to help co-workers avoid discomfort or potential injury
- Are looking for an engaging and useful presentation for their next team meeting

Schedule a Group Training

Dr. Clyde Blackwelder, UCR's Ergonomic Specialist, has developed an informative and engaging presentation for groups who want to keep their teams healthy and productive while working remotely. The virtual presentation is delivered via Zoom.

To schedule your virtual ergonomics group training, please contact Dr. Clyde Blackwelder via email at clyde.blackwelder@ucr.edu. For more ergonomics information, visit the [UCR Ergonomics webpage](#).

