Pre-Retirement Planning Topics

- Forecast your best date for retirement
- Estimate your retirement benefits at different age scenarios (income planning)
- Review the 3-step retirement process from start to finish
- Estimate and review eligibility for continuing retiree health benefits
- Navigating through the Retirement Administration Service Center (RASC)
- The UC Medicare coordination process
- Benefits of the Health Care Facilitator Program
- Review the benefits of joining and information about the Emeriti/Retiree Association
Pre-Retirement Information and Resources

- Pre-Retirement Information and Resources website
  - Retiree Health premium estimator
  - Pre-Retirement Information and Resources Checklist
  - At Your Service Online (AYSO) website
    - Beneficiary Information
  - Monthly Retirement Statements
    - Income
    - Taxes
    - Benefits premiums
Medicare Coordination

- The Human Resources Benefits Office assists retirees and emeriti with the coordination of Medicare benefits.

- If you are still working and reach age 65, you may defer enrollment in Medicare Part B until you retire and will not be subject to the 10% penalty.

- Once you retire and reach age 65, in order to maintain your UC retiree health benefits, you and/or your spouse/domestic partner are required to enroll in Medicare Part A and B.

  - Failure to enroll in Medicare Part A and B will result in a UC penalty for non compliance and cancellation of retiree health benefits.

  - Prescription drug program is included in medical plan and meets Medicare Part D requirement.
The Health Care Facilitator (HCF) provides assistance for faculty, staff, retirees, survivors and their eligible family members regarding benefits and services available from the UC-sponsored health plans.

The HCF assists with resolving issues related to UC medical (doctors, medical groups or providers), dental and vision plans.

The HCF is a knowledgeable counselor who delivers confidential one-on-one assistance.
Services Available

> The Health Care Facilitator may assist with:
  > Understanding the UC health plan coverage and patient rights
  > Defining health care issues
  > Navigating the health care system
  > Resolving issues with doctors, medical groups or medical plan carriers
  > Billing issues
  > Understanding how Medicare benefits coordinate with UC-sponsored medical plans
Services Not Provided

> The Health Care Facilitator does not:
  > Provide medical or legal advice
  > Act as a patient care advocate for services/benefits that are not offered by UC’s plans
  > Suggest treatment plans
UCR Retirees’ Association and the Council of UC Retiree Associations, works with UCOP to protect retirement benefits

Membership benefits
- Red lot parking permit
- Retain your UCR email
- Monthly Newsletter
- Discounted membership in OSCHER program

Membership Dues
- Annual membership - $20
- Lifetime membership - $200
Contacts

> Ranada Palmer, Health Care Facilitator
  Phone: (951) 827-2636
  Email: ranada.palmer@ucr.edu

> Tina Rodriguez, Benefits Lead
  Phone: (951) 827-5086
  Email: tina.rodriguez@ucr.edu