



The Wellness Exam: Have You Had Yours?



Presented by: Dr. Tahany Habashy, MD
Assistant Clinical Professor, UCR School of Medicine

Date: Thursday, February 16, 2012

Time: 12 pm - 1 pm

Location: School of Medicine Research Building Room 229 (2nd floor)

Living a healthy lifestyle is key to a quality life. Dr. Tahany Habashy, MD, Assistant Clinical Professor, UCR School of Medicine, will provide insight into an important part of everyone's overall health care plan. Join us and learn more about:

- **What should be included in a wellness exam?**
- **What age and gender specific exams are important?**
- **How often do we need to have them?**
- **Why are they important?**

Raffle Prizes and Giveaways

Sponsored by:

UCR Wellness Program for Faculty and Staff and the School of Medicine

Introduction by Paul Lyons, Senior Associate Dean, Education, UCR School of Medicine

To enroll visit:

www.ucrlearning.ucr.edu

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