

MISSION: POSSIBLE 5

8-Week Team Wellness Challenge
April 8 – June 2, 2018

Your Mission, should you choose to accept it, is to form a team of 4 people to complete an 8-week team wellness challenge. Each week you will be assigned a mission to track one healthy habit and report back on your progress. Good luck.

Program Registration:

Visit: wellnessapps.ucr.edu/mission

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